

NEWS LETTER

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A NEW HOPE FOR CANCER PATIENTS

CYBERKNIFE ROBOTIC RADIO SURGERY SYSTEM

In Pakistan every year around 300,000 new cases of cancer patients are diagnosed. The health facilities available in Pakistan to treat cancer patients are limited, therefore, Ghurki Trust Teaching Hospital has started the construction of Cyberknife (Robotic Radio Surgery System) the 2nd in Pakistan. Alhamdulillah, now building for this project is in its final stage. The installation of Cyberknife in Ghurki Hospital, is about to bring a revolution as it will provide free of cost international standard treatment to cancer and non-cancer patients. This facility will cost around 400 million (40 crores) and it will be dedicated to the poor and deserving cancer patients from all over Pakistan irrespective of religion and ethnicity.



FAMOUS STAR SOHAIL AHMED AND MUHAMMAD QAVI KHAN VISITED GHURKI HOSPITAL

Famous star Sohail Ahmed and T.v/Film Actor Muhammad Qavi Khan visited Ghurki Trust Teaching Hospital. They were briefed by Dr. Khurram Ijaz Medical Director Ghurki Hospital about the state of the art facilities are being provided to the patients without any discrimination. They had a detailed visit of Orthopaedic and Spine Center with a comprehensive briefing on Modular Theaters and Physiotherapy department. They were also explained regarding upcoming project Cyberknife (Robotic Radio Surgery System) for cancer patients. Both the stars immensely appreciated the efforts of hospital's management for providing free health care facilities to poor people. Both of them also discussed in detail with doctors and paramedical staff and highly appreciated their professionalism. They also added that we need number of such hospitals all over Pakistan.



INFECTION PREVENTION AND CONTROL TRAINING PROGRAM

Hospitals are the main source of infections. Patients having various infections visit the hospital and can cause different diseases by transmitting infections to other patients and even to healthy visitors. This is a very dangerous scenario and needs to be challenged immediately. Therefore, GTTH started a two months Infection Prevention and Control Training Program. On the occasion of enrolment of first badge Dr. Khurram Ijaz Medical Director GTTH pointed out the importance of curtailing infections and congratulated to the participants of infection prevention and training program. He also focused on the fact that medical professionals are the first line of defense against healthcare associated infections (HAI) and the cross transmission of germs in healthcare setting. This training will empower all medical practitioners to better identify and mitigate HAI risks. The session was followed by lectures, video demonstration and workshop. This workshop covered from basic to advance Infection prevention Control (IPC) concepts. The course is being conducted by the following instructors Ayazda Farhana (Principal College of Nursing) Aneela Tauqeer (Director of Nursing) and Muhammad Mehdi (Instructor college of Nursing).

WORLD SIGHT DAY AWARENESS WALK AT GHURKI HOSPITAL



World Sight Day is an annual day of awareness held on 10th October of every year. A free Eye Camp, awareness walk and a special seminar was arranged at Ghurki Trust Teaching Hospital. Professor Dr. Mian Shafique Head of Department Ophthalmology led this activity with the collaboration of Fred Hollows Foundation of Pakistan. The Chief Guest, Prof. Abdul Majeed Ch. inaugurated the free eye camp and the vision seminar.

The chairman GTTH, Prof. Dr. Amer Aziz welcomed the participants. The guest of honour Prof. Iqbal Hussain Butt and Dr. Qamar ul Islam Lodhi highlighted the importance of spreading awareness about the value of normal sight among the general people. Prof. Mian Shafique (Head of Eye department, GTTH) pointed out that cataract, glaucoma, refractive errors and diabetic retinopathy are the main causes of loss of sight. He highlighted that luckily 75% of all causes of impaired vision are avoidable. Mr. Farooq Awan, Country Manager Fred Hollows stressed upon the need of collaborative efforts to minimize the causes of blindness. The seminar ended with the pledge to continue work together at all levels to approach and help the people of our country having poor sight. Medical consultation and medicines were also provided to the patients in 3 days of free Eye Camp.

A local T.v channel broadcasted a news in its prime time about three disabled children. As per this news report Mr. Meherban a very poor bhata laborer is facing a very painful situation. His three sons were suffering from some serious suspicious disease. According to their parents, they were born normal but as they grew up they were unable to walk and developed physical and mental abnormalities. Management of Ghurki Trust Teaching Hospital took notice and contacted to the local sources and these poor boys were admitted in Ghurki Hospital for diagnoses and treatment. Prof. Dr. Amer Aziz established the panel of senior doctors and examined the kids in detail. After thorough examination and hectic tests, it revealed that these kids were C P (cerebral palsy) Children. Dr. Saeed Ahmad pediatric Orthopaedic surgeon successfully operated one child. The nature of the suspicious disease was diagnosed and it was not completely curable anywhere in the world. After a stay of eighteen days in a private room of the hospital these children were feeling much healthier as they were provided the C P chairs specially designed while keeping their measurements and nature of the problem in view. Parents of these brothers were relieved and very thankful of this free of cost treatment. GTTH spent around 0.5 million on the treatment of these poor kids.

2ND INTERNATIONAL FOOT AND ANKLE SURGERY WEEK

2nd International Foot and Ankle Surgery Week was a successful spectacular event arranged and hosted by Ghurki Trust Teaching Hospital's Orthopaedic and Spine Centre under the supervision of Prof. Dr. Amer Aziz. More than 50 international and national participants were present in the workshop. Dr. Mark Myerson (USA), Dr. Hroon Mann (UK), Dr. Mingzhu Zhang (China), Dr. Kenneth Mroczek (USA), Dr. Valeria (Argentina), Prof. Naeem Ahmed, Dr. Tashfeen Ahmad, Dr. Haroon Ur Rashid, Prof. Shehzad, Dr. Abdullah Shah, Prof. Rizwan Akram, Prof. Ijaz Ahmed, Prof. Ateeq uz Zaman and Dr. Khurram Ijaz Medical Director GTTH also attended the conference. It was a five days conference including different lectures delivered by Dr. Mark Myerson (USA), checkup of the patients and live surgeries were performed of 30 patients having foot and ankle deformities. Prof. Dr. Amer Aziz stressed the need for the conducting more such research-oriented activities. Prof. Dr. Amer Aziz also reiterated as such activities help us in our collective mission of attaining comprehensive healthcare services.



STORY OF THREE CHILDREN FROM CHONIA



PERFORMANCE REVIEW 2014 - 2018

Ghurki Trust Teaching Hospital is a serviceable platform where medical treatment is free of cost for the poor and deserving patients. It is our foremost aim to constantly improve the quality of medical services. During the years we have tried our best to set up such standards that bring about confidence among the patients visiting the hospital.

Philanthropists (Donors) of Ghurki Trust Teaching Hospital have been very committed & dedicated for contribution & meeting the exceeding needs of hospital throughout the years.

Therefore, we are immensely grateful for all the help and trust that our donors have bestowed on us as it seemed impossible without their help and support.

PARTICULARS	2014	2015	2016	2017	2018	Total
OUTDOOR PATIENTS	184,237	215,709	258,276	269,173	286,522	1,213,917
INDOOR PATIENTS	14,073	15,505	17,116	16,489	28,945	92,128
EMERGENCY PATIENTS	33,571	37,253	41,690	47,630	51,254	211,398
SURGICAL PROCEDURES	11,062	12,177	11,089	11,902	12,028	58,258
FREE & SUBSIDIZED TREATMENT COST (In Millions PKR)	42.76	68.68	71.88	115.99	192.16	491.47

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